

Recreation Road Sports Centre: 2009/10 Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
Daytime Classes/Sessions			R.R.S.C. After School Football 3.30pm-4.30pm Sport Centre: 01603-458382		Aerobics 9.30am-10.15am Kathryn: 01508-491661	9am-11am	Supersportz Kids 9.30am-12.30pm Sue Coombe: 01603-259133	St John's Football 9am-11.30am
5pm-6pm	Notre Dame Basketball 5.30pm-6.30pm Dean: 07533301392	EA Tennis 5pm-7pm (6pm-7pm) <i>invite only</i> Steve Mills: 07787823405	Notre Dame Basketball 5pm-6.30pm Dean: 07533301392	Notre Dame Basketball 5pm-6pm Dean: 07533301392		11am-1pm		Various Football Matches (U8-Adults) 10am-4pm (Contact: See Club details)
6pm-7pm	Capoeria 6.45pm-8.15pm Ashley: 07925061420		Capoeria 6.45pm-8.15pm Ashley: 07925061420 Jai: 07799338829	Street Dance 6pm-6.45pm Kathryn: 01508-491661	HPR Rangers U9's Training 6pm-7pm Deborah: 01603-453466 (Light-permitting)	1pm-3pm	Family Sports/Table Tennis Sessions 1pm-5pm Contact: Sports Centre (01603-458382)	
7pm-8pm	Capoeria 6.45pm-8.15pm Ashley: 07925061420 Jai: 07799338829	ESKA Karate 7pm-8pm Contact: 01603-418751		Aerobics 'n' Tone 7pm-7.45pm Kathryn: 01508-491661		3pm-5pm	Green Canaries Wheelchair Basketball 3.30pm-5.30pm David Green: 01603-479833	
8pm-9pm			Green Canaries Wheelchair Basketball 8.30pm-9.30pm (see Saturday contact)	Adult Basketball 8pm-9pm Adult Education: 01603-504031		5pm-7pm		
9pm-10pm				Meadow Way FC 9pm-10pm		7pm-9pm		

Please Note:

This timetable is term-term usage only; there are limited evening sessions during holidays and timetable is subject to change.